

Clear View Vision Care, Inc. - Computer Vision Questionnaire

If you work on a computer, please fill out the following questionnaire.

Your current glasses

Do you use glasses at the computer? Yes No If yes, what type of lenses?
 PRIO computer lenses Single vision Bifocals Trifocals Progressives

Time On The Computer

How many hours per day do you spend working on the computer at your job?

Less than 1 hour 1 to 4 hours 5 to 8 hours More than 8 hours

How many hours per day do you spend working on the computer at home?

Less than 1 hour 1 to 4 hours 5 to 8 hours More than 8 hours

What is the longest uninterrupted time you spend working on the computer?

Less than 20 minutes 1 to 2 hours More than 2 hours

Do you take breaks while working on the computer? Yes No If yes, how often?

Every 20 minutes Every 1-hour Every 2 hours More than every 2 hours

Computer Activities and Environment (To answer the first question, please use a tape measure.)

How many inches from your eyes is the center of the computer screen? _____ inches

What size screen do you use? Less than 14 inches 14 to 15 inches 17 inches 19 inches 21 inches

What type of screen do you use? Don't know CRT Flat-screen

What type of computer do you use? PC Mac Other

At what resolution do you have your screen set? Less than 640 x 480 640 x 480 800 x 600 1024 x 768

What refresh rate do you have your monitor set? Less than 60 Hertz 60-80 Hertz 100-120 Hertz More than 120 Hertz

Is the top of the computer screen at, above, or below eye level? Above eye level At eye level Below eye level

Generally, what sized font are the letters on your computer screen?

Less than 6 pt 6-8 pt 9-11 pt 12-15 pt More than 15 pt

What type of work do you perform on the computer? (mark all that apply)

Internet Programming CAD / CAM Word processing Graphics Database
 Games Email Spreadsheets Other: _____

Symptoms

Many people experience a variety of symptoms after working at their computer for some period of time.

Do you notice any visual problems related to computer use? Please rate the following symptoms.

	None	Mild	Moderate	Severe
Headache during or after working at the computer				
Overall bodily fatigue or tiredness				
Burning eyes				
Distance vision is blurry when looking up from screen				
Dry, tired or sore eyes				
Squinting helps when looking at the computer				
Neck, shoulder, or back pain				
Double vision				
Letters on the screen run together				
Driving/night vision worse after computer				
"Halos" appear around objects on the screen				